



NUTRITIONAL INFORMATION COFFEE DRINKS

NUTRITION FACTS	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Americano - 12 oz	0	0	0g	0g	0g	0mg	20mg	0g	0g	0g	0g	0%	0%	2%	0%
Americano - 16 oz	0	0	0g	0g	0g	0mg	30mg	0g	0g	0g	0g	0%	0%	2%	0%
Americano - 20 oz	0	0	0g	0g	0g	0mg	35mg	0g	0g	0g	0g	0%	0%	2%	0%
Breve - 12 oz	360	270	27g	135g	0g	135mg	190mg	9g	0g	9g	0g	20%	0%	35%	0%
Breve - 16 oz	520	390	39g	195g	0g	195mg	270mg	13g	0g	13g	0g	25%	0%	50%	0%
Breve - 20 oz	640	480	48g	240g	0g	240mg	330mg	16g	0g	16g	0g	30%	0%	60%	0%
Cafe Au Lait - 12 oz	110	50	6g	3.5g	0g	20mg	80mg	9g	0g	9g	6g	6%	0%	20%	0%
Cafe Au Lait - 16 oz	150	70	8g	4.5g	0g	25mg	110mg	12g	0g	12g	8g	8%	0%	30%	0%
Cafe Au Lait - 20 oz	190	90	10g	6g	0g	30mg	135mg	15g	0g	15g	10g	10%	0%	35%	0%
Caramel Frappe - 16 oz	410	140	16g	10g	0g	50mg	220mg	61g	0g	43g	6g	10%	0%	20%	0%
Caramel Frappe - 24 oz	580	180	21g	13g	0g	65mg	320mg	90g	0g	64g	8g	10%	0%	25%	2%
Chai Latte - 12 oz	250	50	6g	3.5g	0g	20mg	125mg	42g	0g	38g	6g	6%	0%	20%	0%
Chai Latte - 16 oz	330	70	8g	4.5g	0g	25mg	160mg	56g	0g	50g	8g	8%	0%	30%	0%
Chai Latte - 20 oz	410	90	10g	6g	0g	30mg	210mg	70g	0g	63g	10g	10%	0%	35%	0%
Hot Chocolate - 12 oz	330	130	15g	8g	0g	45mg	140mg	39g	0g	36g	9g	15%	0%	30%	0%
Hot Chocolate - 16 oz	440	170	20g	11g	0g	60mg	200mg	53g	0g	49g	13g	15%	0%	45%	0%
Hot Chocolate - 20 oz	530	190	23g	12g	0g	70mg	240mg	66g	0g	61g	16g	20%	0%	60%	0%
Iced Latte - 16 oz	150	70	8g	4.5g	0g	25mg	120mg	12g	0g	12g	8g	8%	0%	30%	0%
Iced Latte - 24 oz	210	100	11g	6g	0g	35mg	170mg	16g	0g	17g	11g	10%	0%	40%	2%
Iced Mocha - 16 oz	310	120	14g	8g	0g	45mg	140mg	37g	0g	34g	8g	10%	0%	30%	0%
Iced Mocha - 24 oz	400	150	18g	10g	0g	55mg	190mg	50g	0g	46g	11g	15%	0%	40%	2%
Iced Non-fat Latte - 16 oz	80	0	0g	0g	0g	< 5mg	115mg	12g	0g	12g	8g	10%	0%	30%	0%
Iced Non-fat Latte - 24 oz	120	0	0g	0g	0g	5mg	160mg	17g	0g	17g	11g	15%	0%	40%	2%
Iced Soy Latte - 16 oz	130	35	4.5g	0.5g	0g	0mg	140mg	15g	1g	10g	8g	0%	0%	6%	10%
Iced Soy Latte - 24 oz	180	50	6g	1g	0g	0mg	190mg	21g	2g	13g	11g	0%	0%	10%	15%
Irish Creme Freeze - 16 oz	200	90	10g	6g	0g	30mg	115mg	24g	0g	21g	5g	8%	0%	15%	0%
Latte - 12 oz	170	80	9g	5g	0g	25mg	125mg	13g	0g	14g	9g	8%	0%	30%	0%
Latte - 16 oz	240	110	13g	7g	0g	40mg	180mg	19g	0g	20g	13g	15%	0%	45%	2%
Latte - 20 oz	300	140	16g	9g	0g	50mg	220mg	23g	0g	25g	15g	15%	0%	60%	2%
Mocha - 12 oz	270	120	14g	8g	0g	45mg	130mg	29g	0g	27g	8g	10%	0%	30%	0%
Mocha - 16 oz	360	150	17g	10g	0g	55mg	170mg	42g	0g	39g	11g	15%	0%	40%	2%
Mocha - 20 oz	460	180	21g	11g	0g	60mg	220mg	54g	0g	51g	14g	20%	0%	50%	2%
Mocha Frappe - 16 oz	370	100	12g	6g	0g	35mg	150mg	59g	0g	52g	6g	10%	0%	20%	0%
Mocha Frappe - 24 oz	520	120	15g	7g	0g	40mg	220mg	88g	0g	77g	8g	10%	0%	25%	2%
Mocha Mud - 12 oz	190	70	8g	4.5g	0g	25mg	80mg	24g	0g	22g	5g	8%	0%	20%	0%
Mocha Mud - 16 oz	290	110	13g	7g	0g	40mg	120mg	36g	0g	33g	7g	10%	0%	25%	0%
Mocha Mud - 20 oz	360	130	15g	8g	0g	45mg	140mg	46g	0g	42g	9g	15%	0%	30%	0%
Non Fat Chai Latte - 12 oz	200	0	0g	0g	0g	< 5mg	120mg	42g	0g	38g	6g	8%	0%	20%	0%
Non Fat Chai Latte - 16 oz	260	0	0g	0g	0g	< 5mg	160mg	56g	0g	50g	8g	10%	0%	30%	0%
Non Fat Chai Latte - 20 oz	330	0	0g	0g	0g	5mg	200mg	70g	0g	63g	10g	10%	0%	35%	0%
Non-fat Cafe Au Lait - 12 oz	60	0	0g	0g	0g	< 5mg	80mg	9g	0g	9g	6g	8%	0%	25%	0%
Non-fat Cafe Au Lait - 16 oz	90	0	0g	0g	0g	< 5mg	110mg	12g	0g	12g	9g	10%	0%	30%	0%
Non-fat Cafe Au Lait - 20 oz	110	0	0g	0g	0g	5mg	135mg	15g	0g	16g	11g	10%	0%	40%	0%
Non-fat Caramel Frappe - 16 oz	370	100	11g	7g	0g	35mg	230mg	61g	0g	43g	6g	20%	2%	35%	0%
Non-fat Caramel Frappe - 24 oz	530	120	14g	9g	0g	45mg	340mg	90g	0g	63g	9g	25%	4%	45%	2%
Non-fat hot chocolate - 12 oz	250	50	7g	3.5g	0g	25mg	140mg	39g	0g	36g	10g	15%	0%	35%	0%
Non-fat hot chocolate - 16 oz	330	60	7g	3.5g	0g	25mg	190mg	54g	0g	49g	14g	20%	0%	50%	0%
Non-fat hot chocolate - 20 oz	400	60	7g	3.5g	0g	30mg	240mg	66g	0g	61g	17g	25%	0%	60%	0%
Non-fat Latte - 12 oz	90	0	0g	0g	0g	5mg	125mg	14g	0g	14g	9g	10%	0%	35%	0%
Non-fat Latte - 16 oz	140	0	0g	0g	0g	10mg	180mg	20g	0g	20g	13g	15%	0%	50%	2%
Non-fat Latte - 20 oz	170	0	0.5g	0g	0g	10mg	220mg	24g	0g	25g	17g	20%	0%	60%	2%
Non-fat Mocha - 12 oz	210	50	6g	3.5g	0g	25mg	130mg	29g	0g	27g	9g	15%	0%	30%	0%
Non-fat Mocha - 16 oz	270	50	7g	3.5g	0g	25mg	170mg	42g	0g	39g	12g	20%	0%	40%	2%
Non-fat Mocha - 20 oz	340	60	7g	3.5g	0g	30mg	220mg	55g	0g	51g	15g	20%	0%	50%	2%
Non-fat Mocha Frappe - 16 oz	330	60	7g	3.5g	0g	25mg	170mg	59g	0g	51g	6g	20%	2%	35%	0%
Non-fat Mocha Frappe - 24 oz	460	70	9g	3.5g	0g	25mg	240mg	88g	0g	76g	9g	25%	4%	45%	2%
Non-fat Mocha Mud - 12 oz	180	50	6g	3.5g	0g	20mg	85mg	25g	0g	22g	6g	10%	0%	20%	0%
Non-fat Mocha Mud - 16 oz	230	50	7g	3.5g	0g	25mg	115mg	36g	0g	33g	8g	15%	0%	25%	0%
Non-fat Mocha Mud - 20 oz	290	60	7g	3.5g	0g	25mg	140mg	47g	0g	42g	9g	15%	0%	35%	0%
Non-fat White Mocha - 12 oz	210	50	6g	3.5g	0g	25mg	170mg	31g	0g	28g	9g	15%	0%	30%	0%
Non-fat White Mocha - 16 oz	280	50	6g	3.5g	0g	25mg	230mg	44g	0g	41g	13g	20%	0%	40%	2%
Non-fat White Mocha - 20 oz	360	50	6g	3.5g	0g	30mg	300mg	58g	0g	54g	16g	20%	0%	50%	2%
Soy Cafe Au Lait - 12 oz	100	25	3.5g	0g	0g	0mg	95mg	12g	1g	7g	6g	0%	0%	4%	6%
Soy Cafe Au Lait - 16 oz	130	35	4.5g	0.5g	0g	0mg	130mg	15g	1g	10g	8g	0%	0%	6%	8%
Soy Cafe Au Lait - 20 oz	170	45	5g	0.5g	0g	0mg	160mg	19g	2g	12g	10g	0%	0%	8%	10%
Soy Caramel Frappe - 16 oz	400	120	13g	7g	0g	35mg	230mg	63g	< 1g	41g	6g	4%	0%	4%	6%
Soy Caramel Frappe - 24 oz	570	150	17g	9g	0g	40mg	330mg	93g	1g	61g	8g	4%	0%	6%	8%
Soy hot chocolate - 12 oz	260	45	6g	0.5g	0g	0mg	160mg	42g	2g	33g	9g	0%	0%	6%	10%
Soy hot chocolate - 16 oz	360	70	8g	1g	0g	0mg	220mg	58g	2g	45g	13g	0%	0%	10%	15%
Soy hot chocolate - 20 oz	450	80	10g	1g	0g	0mg	280mg	73g	3g	56g	16g	0%	0%	10%	15%
Soy Latte - 12 oz	150	40	5g	0.5g	0g	0mg	150mg	17g	2g	11g	9g	0%	0%	8%	10%
Soy Latte - 16 oz	220	60	7g	1g	0g	0mg	210mg	25g	2g	16g	13g	0%	0%	10%	15%
Soy Latte - 20 oz	270	70	9g	1g	0g	0mg	260mg	31g	3g	20g	16g	0%	0%	10%	20%
Soy Mocha - 12 oz	210	40	5g	0.5g	0g	0mg	140mg	32g	1g	24g	8g	0%	0%	6%	10%
Soy Mocha - 16 oz	290	60	7g	0.5g	0g	0mg	200mg	46g	2g	35g	11g	0%	0%	8%	10%
Soy Mocha - 20 oz	380	70	9g	1g	0g	0mg	250mg	60g	3g	46g	14g	0%	0%	10%	15%
Soy Mocha Mud - 12 oz	160	25	3.5g	0g	0g	0mg	95mg	26g	< 1g	21g	5g	0%	0%	4%	6%
Soy Mocha Mud - 16 oz	230	35	5g	0g	0g	0mg	130mg	39g	1g	30g	7g	0%	0%	6%	8%
Soy Mocha Mud - 20 oz	300	50	6g	0.5g	0g	0mg	170mg	51g	2g	40g	9g	0%	0%	8%	10%
Soy White Mocha - 12 oz	210	35	4.5g	0.5g	0g	0mg	180mg	34g	1g	26g	9g	0%	0%	6%	10%
Soy White Mocha - 16 oz	300	50	6g	0.5g	0g	0mg	260mg	48g	2g	37g	12g	0%	0%	8%	10%
Soy White Mocha - 20 oz	390	60	8g	1g	0g	0mg	330mg	63g	3g	49g	16g	0%	0%	10%	15%
Sugar Free Caramel Frappe - 16 oz	340	120	14g	6g	0g	35mg	220mg	54g	0g	23g	6g	10%	0%	20%	0%
Sugar Free Caramel Frappe - 24 oz	480	150	17g	7g	0g	40mg	320mg	79g	0g	33g	8g	10%	0%	25%	2%
Sugar Free Hot Chocolate - 12 oz	220	120	14g	8g	0g	45mg	125mg	14g	0g	14g	9g	15%	0%	30%	0%
Sugar Free Hot Chocolate - 16 oz	290	160	18g	11g	0g	60mg	180mg	20g	0g	20g	13g	15%	0%	45%	0%
Sugar Free Hot Chocolate - 20 oz	350	190	21g	12g	0g	70mg	220mg	25g	0g	25g	16g	20%	0%	60%	0%
Sugar Free Mocha - 12 oz	250	120	13g	8g	0g	45mg	140mg	23g	0g	12g	9g	10%	0%	30%	0%
Sugar Free Mocha - 16 oz	330	140	16g	10g	0g	55mg	200mg	33g	0g	17g	12g	15%	0%	40%	2%
Sugar Free Mocha - 20 oz	410	170	19g	11g	0g	60mg	250mg	43g	0g	22g	15g	20%	0%	50%	2%
Sugar Free Mocha Mud - 12 oz	190	90	10g	6g	0g	35mg	100mg	19g	0g	8g	6g	10%	0%	20%	0%
Sugar Free Mocha Mud - 16 oz	260	110	12g	7g	0g	40mg	140mg	27g	0g	11g	8g	10%	0%	25%	0%
Sugar Free Mocha Mud - 20 oz	310	120	14g	8g	0g	45mg	170mg	35g	0g	13g	10g	15%	0%	30%	0%
Sugar Free Non-fat Caramel Frappe - 16 oz	300		9g	3.5g	0g	25mg	230mg	54g	0g	22g	6g	20%	2%	35%	0%